

Delay – don't hurry, be happy

Sexual health education

Delay training is a programme that seeks to develop the skills and knowledge of those working with young people to encourage positive decisions about being sexually active.

DELAY is not a “silver ring” approach to preserving virginity until marriage.

It is a way of workers encouraging abstinence to be seen as a choice all young people have. It encourages young people's critical thinking around sexual health as well as encouraging access to condoms, contraception, emergency contraception, pregnancy choices and support about sexual identity when the time is right.

DELAY seeks to balance the messages about early sex that young people pick up from the media and peers, with strong messages about the advantages of delaying sexual activity. An understanding of how we communicate the importance of pleasure and intimacy within consensual relationships will also be discussed.

Date: **Monday 9th and 16th of January 2012**

(please note full attendance on both days is MANDATORY – and must be the same person that attends both days)

Time: **10.00 am – 4.00 pm**

Venue: **Training Room, Hendon Young People's Project, Church St East, East End, Sunderland. SR1 2BB**

Refreshments and a light lunch are provided on both days.

Places are strictly limited to a maximum of one person per organisations and must be booked in advance. (Booking form attached)

Priority will be given to members of SVSYF.

Any questions please contact SVSYF on 5655144 or info@svsyf.org